

The Recology RESOURCE

SEBASTOPOL | SPRING 2023
INFORMACIÓN EN ESPAÑOL EN EL INTERIOR



THANK YOU FOR COMPOSTING

California state law, SB1383, requires all residents and businesses to compost.

Why Compost? ¿Por qué compostar?

Keeping compostable materials out of landfills is one of the easiest actions you can take to reduce your carbon footprint. By placing your food scraps, uncoated soiled paper, and plant trimmings in your compost cart, you are putting nutrients back in the soil and reducing greenhouse gas emissions from landfills. Learn more about the benefits of composting at Recology.com/SB1383.

Mantener los materiales compostables fuera de los vertederos es una de las acciones más fáciles que puede tomar para reducir su huella de carbono. Al colocar sus restos de comida, papel sucio sin recubrimiento y recortes de jardín en su carrito de compostaje, está devolviendo nutrientes a la tierra reduciendo las emisiones de gases de efecto invernadero de los vertederos. Obtenga más información sobre los beneficios del compostaje en Recology.com/SB1383.



Visit Recology.com/SonomaMarin and select your location to find your pick up spot.

How is SB1383 enforced? ¿Cómo se aplica esto?

Route audits will be conducted randomly to ensure that compostable materials are not being placed in the garbage. You may receive a contamination notice if compostable materials are found in your garbage cart. If you see our employee-owners inspecting your carts, please know that they are required by law to do so.

Se realizarán auditorías de ruta al azar para garantizar que los materiales compostables no se depositen en la basura. Si se encuentran materiales compostables en su carrito de basura, es posible que reciba un aviso de contaminación. Si ve a nuestros empleados-propietarios inspeccionando sus carritos, sepa que la ley les exige que lo hagan.

Food Recovery in Sonoma County

We met with Duskie Estes, Executive Director of Farm to Pantry, to find out more about local food rescue.

RSM Tell me about Farm to Pantry.

DE We are a gleaning nonprofit. We harvest food (Sonoma County-grown fresh fruits and vegetables) on 300 backyards and farms with 500 volunteers. We share that food with 100 community partners, including food banks, food pantries, low-income housing, and various meal programs to feed and nourish people who need it.

RSM Why is food recovery important for people and the planet?

DE 1 in 5 in Sonoma County are facing food insecurity - that's not ok. And it's not about not having enough food; it's about the food being in the right place. Farm to Pantry is here to be that connection. Second, 40% of the food produced in the US ends up in a landfill, producing methane gas and worsening climate change.

We each have the power to make sure food feeds people instead of landfills.

RSM What can someone do to help?

DE Cut back food waste by reducing what you are putting on your plate, or when you plan a meal, focus on using whatever has the shortest shelf life first and preserve what you won't get to. Contact us and donate your own surplus fruit and veggies! Learn more at Farmtopantry.org.



Your Local Zero Waste Shop

We sat down with Jeanine Borge, owner of local Zero Waste shop, Homebody Refill, to ask some questions about having a low-waste lifestyle and her journey in this space.

Q: What inspired you to start your shop, and why is zero waste important?

A: Joan Ayer originally opened this store. When she decided to sell the business my son, daughter, and I were happy to take it over and preserve it's zero waste focus. We have always been very passionate about the environment, and we enjoy meeting people and building community here. And why is zero waste important...have you seen all the plastic in the oceans? We must stop throwing everything away for the future of our planet and ourselves.



Q: What are some tips for someone just starting to be more zero waste?

A: Take baby steps. Don't do everything all at once because it'll be overwhelming and then you might quit. Instead of buying another plastic jug, use what you have. Bring in that empty one and refill it. Take things slowly, and just start by doing some simple research. You are always welcome to come in and ask questions!

Q: Recology envisions a World Without Waste. What does that look like for you?

A: It's companies investing in the environment and providing solutions to avoid using plastic and embracing a circular economy. Also, education is always going to be key. Honestly, I feel like it is already happening in the Sebastopol community, which is inspiring. We are fortunate to have a very uplifting community because every time someone comes in, they are just excited we exist.



Plastic Swaps

Looking to make some simple changes? Here are some swaps you can make to reduce plastic.

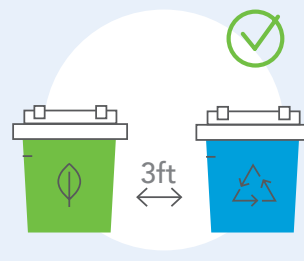
- Buy reusable bags and produce bags and keep them in your car so you never forget them.
- Try a soap dish block or bring your glass jar in to refill with liquid soap.
- Grab a travel utensil set for restaurants or social gatherings.

BEST PRACTICE MEJOR PRÁCTICA



Sign up for alerts
Regístrese para recibir alertas

Visit Recology.com/RSMschedules and sign up for alerts to be notified if there are service disruptions.



Carts must be 3ft apart
Los carritos deben separarse 3 pies

It is especially challenging for our drivers to service carts that are set out too close to each other or a car.



Don't bag recyclables
No embolsar reciclables

Always keep items loose! If the items are bagged when they enter our sorting facility, they are considered trash.



Don't overload or overfill
No sobrecargue ni sobrellene

Overflowing carts spill out when serviced, and our trucks can't lift carts that are too heavy.

SPRING CLEANING LIMPIEZA DE PRIMAVERA

Bulky Item Pick-up Recogida De Artículos Grandes

Sebastopol residents can schedule a bulky item pick-up for a fee. Schedule a pick-up at: RecologySonomaMarin@Recology.com or **800.243.0291**. Find out more information at Recology.com/Sebastopol under the "Bulky Items" tab.

Los residentes de Sebastopol pueden programar una recolección de artículos voluminosos por una tarifa. Programe una recogida en: RecologySonomaMarin@Recology.com o **800.243.0291**. Obtenga más información en Recology.com/Sebastopol en la pestaña "Bulky Items".



Debris Box Service Servicio de Cajas de Desechos

Have a larger project you need to clean up? Contact our debris box department for a quote today! Contact jroyjr@recology.com or jgeist@recology.com or submit a request online at bit.ly/RSMRequestBox. ¿Tiene un proyecto más grande que necesita limpiar? ¡Póngase en contacto con nuestro departamento de cajas de desechos para obtener una cotización hoy! Póngase en contacto con jroyjr@recology.com o jgeist@recology.com o envíe una solicitud en línea a bit.ly/RSMRequestBox.

Reuse & Thrift Reutiliza y Ahorra

For gently used items, consider reselling them or donating them to a local thrift store. You can find a list of organizations on Zero Waste Sonoma's website at bit.ly/ZWSthrift. Para artículos usados con cuidado, considere revenderlos o donarlos a una tienda local de segunda mano. puede encontrar una lista de organizaciones en el sitio web de Zero Waste Sonoma en bit.ly/ZWSthrift.



Battery Recycling Reciclaje de Baterías

You can recycle batteries curbside! Tape the battery terminals and place them in a sealed clear plastic bag **ON TOP** of your recycling cart.

¡Puede reciclar las baterías en la acera! Pegue con cinta los terminales de la batería y colóquelos en una bolsa de plástico transparente sellada **ENCIMA** de su carrito de reciclaje.



Hazardous Waste Residuos Peligrosos

DO NOT dispose of household hazardous waste in the garbage, recycle, or compost bins. HHW is extremely dangerous to sanitation workers and must be disposed of properly. Zero Waste Sonoma has several options for the proper disposal of household hazardous waste. Visit ZeroWasteSonoma.gov or call **707.565.3375** to learn more.

NO ponga los residuos domésticos peligrosos en el bote de basura o en los contenedores de reciclaje o compostaje. Es extremadamente peligroso para los trabajadores de saneamiento, y deben ser eliminados adecuadamente.

Zero Waste Sonoma tiene varias opciones para la eliminación adecuada de los residuos domésticos peligrosos. Visite ZeroWasteSonoma.gov o llame al **707.565.3375** para obtener más información.



Scan the QR code to find an upcoming HHW event near you!



CCNB Recycling CCNB Reciclaje

Use the drop-off recycling programs for **mattresses, carpet, and e-waste** provided by the Conservation Corps North Bay at their Novato and Cotati locations: CCNorthBay.org/Zero-Waste

Consulte los programas de reciclaje de **colchones, alfombras y desechos electrónicos** proporcionados por Conservation Corps North Bay en sus ubicaciones de Novato y Cotati: CCNorthBay.org/zero-waste.



Recycling Don'ts

No en el Reciclaje

These items never go into the recycling cart because they can cause severe harm or pollution.

Estos artículos **nunca** van al carrito de reciclaje porque pueden causar daños o contaminación.



PROPANE TANKS AND BATTERIES
TANQUES DE PROPANO Y BATERÍAS



CAUSES FIRES AND EXPLOSIONS PROVOCA INCENDIOS Y EXPLOSIONES

When propane tanks and batteries encounter our equipment, they can cause extremely dangerous fires. They must be disposed of as hazardous waste. *Cuando los tanques de propano y las baterías se encuentran con nuestro equipo, pueden causar incendios extremadamente peligrosos. Deben desecharse como residuos peligrosos.*



MEDICAL SHARPS
OBJETOS PUNZOCORTANTES MÉDICOS



CAN HURT EMPLOYEES PUEDE LASTIMAR A LOS EMPLEADOS

Part of the process of sorting recyclables is done by hand. If a sharp is in the stream of recyclables, it can poke through their glove, potentially causing injury or spreading infection. Sharps must be disposed of as hazardous waste. *Parte del proceso de clasificación de los reciclables se realiza a mano. Si hay un objeto afilado en el flujo de materiales reciclables, puede atravesar el guante y causar lesiones o propagar una infección. Deben desecharse como residuos peligrosos.*



STYROFOAM™ (POLYSTYRENE)
PLIESTIRENO



POLLUTES THE ENVIRONMENT CONTAMINA EL MEDIO AMBIENTE

Processing polystyrene with recyclable materials causes it to break into tiny pieces that easily blow away and are impossible to contain. They should be contained in bags and placed in the garbage. *El procesamiento de poliestireno con materiales reciclables hace que se rompa en pedazos diminutos que vuelan fácilmente y son imposibles de contener. Deben guardarse en bolsas y colocarse en la basura.*

COMPOST COMPOSTAJE



FOOD SCRAPS
RESTOS DE COMIDA



PLANT TRIMMINGS
DESECHOS DE JARDÍN



UNCOATED SOILED PAPER AND WOODEN UTENSILS
PAPEL SUCIO SIN RECUBRIMIENTO UTENSILIOS DE MADERA

RECYCLING RECICLAJE



PLASTIC BOTTLES, TUBS, AND JUGS
BOTELLAS, BALDES Y JARRAS DE PLÁSTICO



METAL
METAL

GLASS
VIDRIO



PAPER, FLATTENED CARDBOARD, AND CARTONS
PAPEL, CARTÓN PLANO Y CARTONES