

The Recology RESOURCE

BOLINAS | SPRING 2023

INFORMACIÓN EN ESPAÑOL EN EL INTERIOR



THANK YOU FOR COMPOSTING

California state law, SB1383, requires all residents and businesses to compost.

Why Compost? ¿Por qué compostar?

Keeping compostable materials out of landfills is one of the easiest actions you can take to reduce your carbon footprint. By placing your food scraps, uncoated soiled paper, and plant trimmings in your compost cart, you are putting nutrients back in the soil and reducing greenhouse gas emissions from landfills. Learn more about the benefits of composting at [Recology.com/SB1383](https://www.recology.com/SB1383).

Mantener los materiales compostables fuera de los vertederos es una de las acciones más fáciles que puede tomar para reducir su huella de carbono. Al colocar sus restos de comida, papel sucio sin recubrimiento y recortes de jardín en su carrito de compostaje, está devolviendo nutrientes a la tierra reduciendo las emisiones de gases de efecto invernadero de los vertederos. Obtenga más información sobre los beneficios del compostaje en [Recology.com/SB1383](https://www.recology.com/SB1383).



How is SB1383 enforced? ¿Cómo se aplica esto?

Route audits will be conducted randomly to ensure that compostable materials are not being placed in the garbage. You may receive a contamination notice if compostable materials are found in your garbage cart. If you see our employee-owners inspecting your carts, please know that they are required by law to do so.

Se realizarán auditorías de ruta al azar para garantizar que los materiales compostables no se depositen en la basura. Si se encuentran materiales compostables en su carrito de basura, es posible que reciba un aviso de contaminación. Si ve a nuestros empleados-propietarios inspeccionando sus carritos, sepa que la ley les exige que lo hagan.

Food Recovery in Marin County

We met with Will Dittmar, Executive Director of ExtraFood, to find out more about local food rescue.

RSM Tell me about ExtraFood.

WD We are a food recovery organization and we work at the intersection of food waste, climate, and hunger. To date, we have rescued over 6.5 million pounds of food and we are increasing that every year. We serve about 10,000 people every month - and it's really about the people we have the privilege to serve.

RSM Why is food recovery important for people and the planet?

WD Preventing food waste is one of the most effective and easiest ways to address climate change. The other side to this is that about 40% of food is wasted in this country, and if we could rescue even half of that food we could solve hunger. Just in Marin County, 1 in 5 are food insecure, but this is a logistics issue. We have the space, the land, and the resources to solve this problem and redirect wasted food to those that need it.

RSM What can someone do to help?

WD Volunteer your time, whether it's delivering food or offering a special skill you have. Advocate for policies that encourage waste diversion.

Make a donation to support food rescue in your community. Most of all, educate yourself! Learn how to reduce food waste at home and more at [ExtraFood.org](https://www.ExtraFood.org).



Your Local Zero Waste Shop

We sat down with Dan Maher, owner of local Zero Waste shop, Sustainable Exchange, to ask some questions about having a low-waste lifestyle and his journey in this space.

Q: What inspired you to start your shop, and why is zero waste important?

A: It began about 35 years ago with a personal interest in climate change. At the time there weren't a lot of sustainable products available, I wanted to change that. Now I have this refillery that offers bulk, artisan, American made, fair trade, and non-toxic products. Zero waste is critical to close the loop, and make the most of our resources as well as use what we already have. For example, to date our shop has diverted 120,000 bottles from landfill.



Q: What are some tips for someone just starting to be more zero waste?

A: Replace one thing at a time so that you aren't overwhelmed. We actually have a product we have called "One by One" because it's one product, made by one person to make one switch. You don't have to be perfect. We also already have so much stuff and resources currently available to us. Start with using what you already have on hand and make what you have last.

Q: Recology envisions a World Without Waste. What does that look like for you?

A: Let's replace the current convenience store with bulk and refilleries to be more commonplace. I envision more self-sufficiency. There would be infrastructure for people to upcycle, salvage, and reuse most everything. We would always be striving to close the loop for different products and ultimately the full loop for all of our resources.



Plastic Swaps

Looking to make some simple changes? Here are some swaps you can make to reduce plastic.

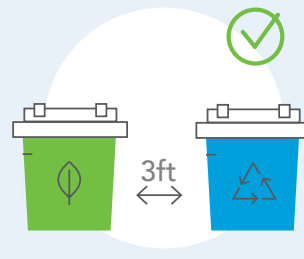
- Buy reusable bags and produce bags and keep them in your car so you never forget them.
- Try a soap dish block or bring your glass jar in to refill with liquid soap.
- Grab a travel utensil set for restaurants or social gatherings.

BEST PRACTICE MEJOR PRÁCTICA



Sign up for alerts
Regístrese para recibir alertas

Visit [Recology.com/RSMschedules](https://www.recology.com/RSMschedules) and sign up for alerts to be notified if there are service disruptions.



Carts must be 3ft apart
Los carritos deben separarse 3 pies

It is especially challenging for our drivers to service carts that are set out too close to each other or a car.



Don't bag recyclables
No embolsar reciclables

Always keep items loose! If the items are bagged when they enter our sorting facility, they are considered trash.



Don't overload or overfill
No sobrecargue ni sobrellene

Overflowing carts spill out when serviced, and our trucks can't lift carts that are too heavy.

SPRING CLEANING LIMPIEZA DE PRIMAVERA

Bulky Item Pick-up Recogida De Artículos Grandes

Bolinas residents are eligible for 2 free bulky item pick-ups per year. Schedule a pick-up at: RecologySonomaMarin@Recology.com or **800.243.0291**. Find out more information at [Recology.com/Bolinas](https://www.recology.com/Bolinas) under the "Bulky Items" tab.

Los residentes de Bolinas son elegibles para 2 recolecciones gratuitas de artículos voluminosos por año. Programe una recogida en: RecologySonomaMarin@Recology.com o **800.243.0291**. Obtenga más información en [Recology.com/Bolinas](https://www.recology.com/Bolinas) en la pestaña "Bulky Items".



Debris Box Service Servicio de Cajas de Desechos

Have a larger project you need to clean up? Contact our debris box department for a quote today! Contact jroyjr@recology.com or jgeist@recology.com or submit a request online at bit.ly/RSMRequestBox. ¿Tiene un proyecto más grande que necesita limpiar? ¡Póngase en contacto con nuestro departamento de cajas de desechos para obtener una cotización hoy! Póngase en contacto con jroyjr@recology.com o jgeist@recology.com o envíe una solicitud en línea a bit.ly/RSMRequestBox.

Reuse & Thrift Reutiliza y Ahorra

For gently used items, consider reselling them or donating them to a local thrift store. You can use Zero Waste Marin's Recycling Guide to help at bit.ly/ZWMthrift. Para artículos con poco uso, considere venderlos o donarlos a una tienda local de segunda mano. Puede usar la Guía de reciclaje de Zero Waste Marin para ayudar en bit.ly/ZWMthrift.



Battery Recycling Reciclaje de Baterías

You can recycle batteries curbside! Tape the battery terminals and place them in a sealed clear plastic bag **ON TOP** of your recycling cart.

¡Puede reciclar las baterías en la acera! Pegue con cinta los terminales de la batería y colóquelos en una bolsa de plástico transparente sellada **ENCIMA** de su carrito de reciclaje.



Hazardous Waste Residuos Peligrosos

DO NOT dispose of household hazardous waste in the garbage, recycle, or compost bins. It is extremely dangerous to sanitation workers and must be disposed of properly. **The Marin HHW Facility at 565 Jacoby Street in San Rafael** has several options for the proper disposal of household hazardous waste. Visit: [MarinHHW.com](https://www.marinhhw.com) or call 415.485.6806 for more information.

NO ponga los residuos domésticos peligrosos en el bote de basura o en los contenedores de reciclaje o compostaje. Es extremadamente peligroso para los trabajadores de saneamiento, y deben ser eliminados adecuadamente.

The Marin HHW Facility at 565 Jacoby Street in San Rafael tiene varias opciones para la eliminación adecuada de los residuos peligrosos domésticos. Visite el sitio [web MarinHHW.com](https://www.marinhhw.com) o llame al 415.485.6806 para obtener más información.

Zero Waste Marin offers a bulb and battery take-back program for residents!



CCNB Recycling CCNB Reciclaje

Use the drop-off recycling programs for **mattresses, carpet, and e-waste** provided by the Conservation Corps North Bay at their Novato and Cotati locations: [CCNorthBay.org/Zero-Waste](https://www.CCNorthBay.org/Zero-Waste)

Consulte los programas de reciclaje de **colchones, alfombras y desechos electrónicos** proporcionados por Conservation Corps North Bay en sus ubicaciones de Novato y Cotati: [CCNorthBay.org/zero-waste](https://www.CCNorthBay.org/zero-waste).



ZERO WASTE MARIN



Recycling Don'ts

No en el Reciclaje

These items never go into the recycling cart because they can cause severe harm or pollution.

Estos artículos **nunca** van al carrito de reciclaje porque pueden causar daños o contaminación.



PROPANE TANKS AND BATTERIES
 TANQUES DE PROPANO Y BATERÍAS



CAUSES FIRES AND EXPLOSIONS PROVOCA INCENDIOS Y EXPLOSIONES

When propane tanks and batteries encounter our equipment, they can cause extremely dangerous fires. They must be disposed of as hazardous waste. *Cuando los tanques de propano y las baterías se encuentran con nuestro equipo, pueden causar incendios extremadamente peligrosos. Deben desecharse como residuos peligrosos.*



MEDICAL SHARPS
 OBJETOS PUNZOCORTANTES MÉDICOS



CAN HURT EMPLOYEES PUEDE LASTIMAR A LOS EMPLEADOS

Part of the process of sorting recyclables is done by hand. If a sharp is in the stream of recyclables, it can poke through their glove, potentially causing injury or spreading infection. Sharps must be disposed of as hazardous waste. *Parte del proceso de clasificación de los reciclables se realiza a mano. Si hay un objeto afilado en el flujo de materiales reciclables, puede atravesar el guante y causar lesiones o propagar una infección. Deben desecharse como residuos peligrosos.*



STYROFOAM™ (POLYSTYRENE)
 POLIESTIRENO



POLLUTES THE ENVIRONMENT CONTAMINA EL MEDIO AMBIENTE

Processing polystyrene with recyclable materials causes it to break into tiny pieces that easily blow away and are impossible to contain. They should be contained in bags and placed in the garbage. *El procesamiento de poliestireno con materiales reciclables hace que se rompa en pedazos diminutos que vuelan fácilmente y son imposibles de contener. Deben guardarse en bolsas y colocarse en la basura.*

COMPOST COMPOSTAJE



FOOD SCRAPS
 RESTOS DE COMIDA



PLANT TRIMMINGS
 DESECHOS DE JARDÍN



UNCOATED SOILED PAPER AND WOODEN UTENSILS
 PAPEL SUCIO SIN RECUBRIMIENTO UTENSILIOS DE MADERA

RECYCLING RECICLAJE



PLASTIC BOTTLES, TUBS, AND JUGS
 BOTELLAS, BALDES Y JARRAS DE PLÁSTICO



METAL
 METAL

GLASS
 VIDRIO



PAPER, FLATTENED CARDBOARD, AND CARTONS
 PAPEL, CARTÓN PLANO Y CARTONES