

The Recology® RESOURCE

STINSON BEACH | SPRING 2021
INFORMACIÓN EN ESPAÑOL EN EL INTERIOR



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Community Spotlight: ExtraFood



We sat down with the Director of Food Partnerships of ExtraFood, Kathy Carver, and asked what they are doing to fight food waste and feed the hungry.

Q: Tell us about what ExtraFood is doing in Marin County.

A: "ExtraFood is a county-wide food recovery nonprofit that has been rescuing food for over 7 years. So, imagine over 4.5 million pounds of food - that's how much food we have recovered and kept out of the landfills during this time. ExtraFood is leading a movement to transform Marin's food system from wasting food to donating it. Our mission addresses the critical issues of hunger, wasted food, and climate change."

Q: How does this work relate to climate change?

A: "People don't realize it's not just the food that is being thrown away; it's all the resources going into producing that food. From labor to water, to refrigeration, to transportation - it's a carbon intensive process. And when food is wasted the farther down that food chain, the more resources are being wasted." She goes on to elaborate on the impact of greenhouse gases, "When food is left to rot in the landfill, methane gas is released. Methane is 86 times more potent than Carbon Dioxide (CO2) in terms of its heat trapping ability, which is exacerbating the problem. So, for every 100 lbs of food that we keep out of the landfill, we are preventing 8.3 lbs of methane gas from being released into the environment."



Q: What can community members in Marin do to help this cause?

A: "Ending food waste is one of the simplest things we can all do to make the quickest impact on climate change - and it starts with awareness. In your own life, you can reduce food waste by FIFO (first in, first out) move the older products to the front of the fridge and the new ones to the back; educate yourself about product date labeling; and learn how to cook with all parts of the food." If you want to help ExtraFood directly then donate food, donate money, or volunteer as a food runner and find out more at ExtraFood.org.



COMPOSTING: WHAT YOU NEED TO KNOW

COMPOSTAJE: LO QUE USTED NECESITA SABER

SB1383

1. Residents will be required by Jan. 1, 2022 to either compost their food scraps at home or place them in their compost cart instead of their garbage cart.
2. Nearly all businesses will be required to have compost collection by Jan. 1, 2022.
3. If your business generates a significant amount of edible food, you will be required to donate food to a pantry or similar organization.

Let our Waste Zero Team help your school, business, or multi-family dwelling recycle and compost more while potentially saving money on your monthly bill! We provide technical assistance, free signage/tools, and staff trainings. Contact our Waste Zero team by calling 800.243.0291.

California Senate Bill (SB 1383) "Short-lived Climate Pollutants" goes into effect on January 1, 2022. This California state law requires a 75% reduction of organic material disposed of in landfills and a 20% increase in edible food recovery by 2025. Studies show that 33% or more of waste sent to landfills is made up of food, yard debris, and other organic matter. Landfilled organic matter creates methane, a powerful greenhouse gas, that causes climate change. We must all do our part at home and at work to slow climate change by recovering edible food for hungry people and composting our food scraps instead of placing them in the landfill.



El Proyecto de Ley del Senado de California (SB 1383) "Contaminantes Climáticos de Corta Duración" tomara efecto el 1 de enero de 2022. Esta ley estatal de California requiere una reducción del 75% del material orgánico que se tira en los vertederos de basura y un aumento del 20% en la recuperación de alimentos comestibles para el año 2025. Los estudios muestran que el 33% o más de los desechos enviados a los vertederos de basura están compuestos de alimentos, desechos de jardín y otra materia orgánica. La materia orgánica que termina en los vertederos de basura crea metano, un poderoso gas de efecto invernadero, el cual causa el cambio climático. Todos debemos hacer nuestra parte, en la casa y en el trabajo, para frenar el cambio climático recuperando alimentos comestibles para las personas que padecen hambre y compostando los restos de comida en lugar de tirarlos al vertedero de basura.

Kid's Corner!

Learn more about what goes in the bin at [Recology.com/RSMWhatbin](https://www.recology.com/RSMWhatbin)

Let's play Circle **That Item!**
Which of these belong in the recycling?

For extra credit, put a star next to the items that could be easily reused instead of recycled. (Hint: That cardboard would make a cool fort!)



Answer: Tin can, Aluminum Foil, Pickle Jar, Silk carton, and Cardboard.

GET THE FACTS!

¡INFÓRMESE BIEN!



Cartons are recyclable: Your beverage cartons and aseptic containers are in fact recyclable!

Los envases de cartón son reciclables: los envases de cartón para bebidas, y envases asépticos, en realidad si son reciclables.



PPE disposal: Your used mask, gloves, and other personal protective equipment should be placed in the garbage. They are not recyclable.

Eliminación del EPP: La mascarilla, los guantes y otros equipos de protección personal, ya usados, deben tirarse a la basura. No son reciclables.



Don't bag your recyclables: Make sure your recyclables are loose so that we can sort them properly.

No ponga sus materiales reciclables en bolsas: Asegúrese de que sus materiales reciclables estén sueltos para que nosotros podamos clasificarlos correctamente.



"Compostable" plastics: These are not accepted by local compost facilities, as they don't break down in a timely manner. They need to go in the garbage only.

Plásticos "Compostables": Estos no son aceptados por las instalaciones de compostaje locales, ya que no se descomponen de manera oportuna. Puedes tirarlos a la basura solamente.

The CCNB can help!

Check out the drop-off recycling programs for **mattresses, carpet, and e-waste** provided by the Conservation Corps North Bay at their Novato and Cotati locations: CCNorthBay.org/zero-waste



Batteries: Batteries need to be disposed of as hazardous waste. If thrown in the garbage or recycling they could start fires at our facilities. Please help protect our workers and dispose of them properly.

Baterías/Pilas: Las baterías/pilas deben desecharse como residuos peligrosos. Si se tiran al bote de basura o en el contenedor de reciclaje, estas podrían provocar incendios en nuestras instalaciones. Por lo tanto, ayude a proteger a nuestros trabajadores y elimínelas correctamente.



Clean your recyclables: When recycling your different items make sure to clean and dry them before putting them in your bin! Water-wise tip - use dirty dishwater and/or a used napkin. For example, this peanut butter jar would be ok.

Limpie sus envases: ¡Al reciclar los diferentes envases, asegurarse de vaciarlos, enjuagarlos y secarlos antes de ponerlos en su contenedor de reciclaje! Para economizar agua: utilice agua del fregadero o utilice una servilleta. Por ejemplo, este frasco de mantequilla de maní estaría bien.

BULKY ITEM PICK-UP

RECOGIDA DE ARTÍCULOS GRANDES

Ready to Spring Clean?

Stinson Beach residents now have the convenience of scheduling a bulky item pick-up on their own time, instead of set curbside clean-up dates!

- ✓ **1 free bulky item pick-up per year for residents**
1 recolecciones gratuitas de artículos a granel por año para residentes
- ✓ **Set out 1 bulky item and up to 7 bags of refuse**
Ponga 1 artículo voluminoso y hasta 7 bolsas de basura
- ✗ **No liquid waste or hazardous materials**
No desechos líquidos ni materiales peligrosos

Stinson Beach residents can schedule a bulky item pick-up at / Las residentes de Stinson



Beach pueden programar una recogida de artículos grandes en: 800.243.0291 or / o RecologySonomaMarin@Recology.com.

HAZARDOUS WASTE

RESIDUOS PELIGROSOS



**ZERO
WASTE
MARIN**



DO NOT dispose of household hazardous waste in the garbage, recycle, or compost bins. It is extremely dangerous to sanitation workers and must be disposed of properly. **The Marin HHW Facility at 565 Jacoby Street in San Rafael** has several options for the proper disposal of household hazardous waste. Visit their website at MarinHHW.com or call 415.485.6806 for more information.

NO ponga los residuos domésticos peligrosos en el bote de basura o en los contenedores de reciclaje o compostaje. Es extremadamente peligroso para los trabajadores de saneamiento, y deben ser eliminados adecuadamente. **The Marin HHW Facility at 565 Jacoby Street in San Rafael** tiene varias opciones para la eliminación adecuada de los residuos domésticos peligrosos. Visite el sitio web MarinHHW.com o llame al 415.485.6806 para obtener más información.

COMPOST COMPOST



Food scraps
Restos de comida



Plant trimmings
Recortes de plantas



Food soiled or wet paper
Papel sucio o mojado



Wooden utensils, chopsticks, & stir sticks
Utensilios de madera, palillos y palillos mezcladores

RECYCLING RECICLAJE



Plastic containers: bottles, jugs, & tubs
Envases de plástico: botellas, jarras y cubos/baldes



Glass bottles & jars (metal caps & lids on)
Botellas y frascos de vidrio (con las tapas de metal puestas)



Paper, cardboard, & cartons
Papel y cartón



Aluminum, steel, tin: cans, foil, & trays
Aluminio, acero, hojalata: latas, papel y bandejas de aluminio



Don't know where something goes?
¿No sabes a dónde van las cosas?
Use our What Bin tool / Vaya a: Recology.com/RSMWhatbin